PSHE and RHSE Curriculum Intent

Ambitious



In an ever-changing society, we provide our children with a strong understanding of the diverse world around them. We support them to be resilient, adaptable, passionate and positive young people with an adventurous spirit; able to embrace the challenges and opportunities that await them. Together we challenge negative stereotypes with an attitude of open mindedness and respect.

Engaging



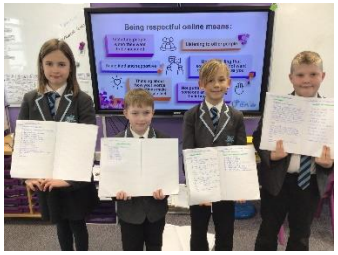
Through effective challenge and positive relationships, we want children to feel confident to make informed decisions about their well-being, health and relationships. We want to inspire children to build their self-efficacy and to put this knowledge into practise as they develop the capacity to make sound decisions when facing risks and complex situations.

Teamwork



We want children to be kind and passionate and develop their sense of self-worth by playing a positive role in the life of our school and wider community through real responsibility. Positive relationships are fundamental to our ethos and success in being part of a happy, caring and safe environment where children grow in confidence, build self-esteem and can manage risks.

Relevant



We want to provide our children with opportunities to learn about rights and responsibilities, to embrace differences and appreciate what it feels like to be a positive and active member of a diverse community. We want our children to respect, embrace and embody British Values and understand what it means to be a good citizen.

Skills



We want children to develop the knowledge, skills and attributes they need to live their lives now and in the future; to have the character, responsibility and the honesty required to become healthy, independent and responsible members of society; to have the self-belief and confidence to tackle many of the moral, social and cultural issues that are part of growing up.

Implementing our Adventurous PSHE and RHSE Curriculum



At Gulval School we want children to have the knowledge, understanding and emotions to be able to play an active and positive role in today's society. We want our children to have high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it. Through our Adventurous Curriculum we work to develop the qualities and attributes children need to thrive as individuals, family members and members of society and the global community. We have a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health through the delivery of a programme of engaging and relevant PSHE within a whole school approach. We also promote and model strong positive relationships and responsibility, allowing children to advance their emotional awareness, empathy and enjoy a deep sense of belonging to our school community.

When children leave Gulval School, they will be able to:

- have confidence and respect in sharing their own thoughts and opinions with others.
- have the skills and attributes to keep themselves healthy and safe, in body and mind.
- have an attitude of a responsible global citizen.
- show tolerance of others beliefs, religions and life choices.
- build positive, respectful relationships with other people.

Our RSE teaching benefits from the use of the Christopher Winter Project and the NSPCC. This curriculum has a focus on families, relationships, safeguarding/keeping children safe and additional units on Respect and Equality and FGM. This resource encourages children to develop the skills of listening, empathy, talking about feelings and relationships with families and friends.

In Reception we focus on families and friendships. From Year 1 children will learn the names of the body parts, the differences between males and females and the ways in which they will develop and grow. Importantly, they will also learn to recognise unsafe and risky situations and to ask for help.

The curriculum continues to develop their knowledge and skills as children learn about the physical and emotional changes of puberty and about reproduction.





The Impact of Learning in PSHE and RHSE

Gulval School nurtures every child to enable them to achieve and develop into confident individuals with a lifelong love of learning, equipped with the skills they need to thrive in a rapidly changing world. Children will learn how to become valued citizens and leave ready to embrace the next stage in their lives and learning. At all times 'being their best selves.

We aim to enable our children to become healthy, independent and responsible members of society, to provide them with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society.

We embody the Thrive Approach which is wholly supported by pupils' staff and parents, the impact is shown in the positive feedback we receive, the way our whole school community interact and in our national award of 'Thrive School of Excellence'.