

PE Curriculum Scope EYFS & KS1

Nursery	Dance		Ball Skills	Gymnastics	Bikeability	Games
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Personal – Coordination Static Balance	Social – Dynamic Balance to Agility Static Balance	Cognitive – Dynamic Balance Static Balance	Creative – Coordination Counter Balance	Physical - Coordination Agility	Agility Static balance
	Dance	Ball Skills	Gymnastics	Bike Ability	Ball Skills	Games
Year 1	Personal – Coordination Static Balance	Social – Dynamic Balance to Agility Static Balance	Cognitive – Dynamic Balance Static Balance	Creative – Coordination Counter Balance.	Physical - Coordination Agility	Agility Static balance
	Orienteering	Bat and ball	Dance	Attacking and Defending	Multi skills – Running and Jumping	Athletics
Year 2	Personal – Coordination Static Balance	Social – Dynamic Balance to Agility Static Balance	Cognitive – Dynamic Balance Static Balance	Creative – Coordination Counter Balance	Physical - Coordination Agility	Health and fitness- Agility Static balance
	Orienteering	Bat and Ball	Gymnastics	Attack and Defending	Multi skills – Sending and Receiving	Athletics

PE Curriculum Scope KS2

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Personal – Coordination Static Balance	Social – Dynamic Balance to Agility Static Balance	Cognitive – Dynamic Balance Static Balance	Creative – Coordination Counter Balance	Physical - Coordination Agility	Health and fitness- Agility Static balance
	Swimming	Orienteering	Dance	Bat and Ball - Fundamentals	Invasion Games - Football	Athletics
Year 4	Personal – Coordination Static Balance	Social – Dynamic Balance to Agility Static Balance	Cognitive – Dynamic Balance Static Balance	Creative – Coordination Counter Balance	Physical - Coordination Agility	Health and fitness- Agility Static balance
	Orienteering	Gym (Off site)	Badminton	Swimming	Hockey	Athletics
Year 5	Cognitive – Coordination Agility	Creative – Static balance	Social – Dynamic balance Counter balance.	Fitness – Sending and Receiving Ball Chasing	Physical - Dynamic balance to agility Static balance	Personal – Coordination Agility
	Orienteering	Dance	Swimming	Tennis	Attacking and Defending – Netball	Athletics
Year 6	Cognitive – Coordination Agility	Creative – Static balance	Social – Dynamic balance Counter balance.	Physical - Dynamic balance to agility Static balance	Health and fitness – Static Balance Coordination	Personal – Coordination Agility
	Swimming	Orienteering	Gymnastics	Attacking and Defending - Rugby	Bat and Ball Volleyball	Athletics