Gulval School

thrive
Thrive School of Excellence 2021

PSHE Curriculum Scope EYFS & KS1

Nursery	School Routines		Feelings and Emotions	Hygiene	Healthy Eating	People Who Help Us
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Rec	School Routines		Feelings and Emotions	Hygiene and Keeping Safe	Healthy Eating	People Who Help Us
Year 1	Welcome to school Emergencies and getting help	People who care for us Rights, responsibilities and respect	Healthy Friendships Our bodies and boundaries	Our health Healthy food choices	We all have feelings	Managing our time safely whilst online
Year 2	Respecting uniqueness Our communities	Everyday safety Basic first aid	Learning about work Hand hygiene	Sharing photos online Online interactions and information sharing	Online friends Big feelings	Keeping our teeth healthy

PSHE Curriculum Scope KS2

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	World of work Spending and saving money	Road safety Individual and collective strengths	Physical activity Drugs	The Internet and everyday life Everyday feelings	Expressive feelings Strategies to support positive mental wellbeing	Suns safety
Year 4	What makes a good friend Respecting others	Resolving conflict Managing negative pressure Everyday safety Basic first Aid	Money choices Volunteering and citizenship	Safely enjoying the online world Keeping personal information safe and private online	Understanding that not everyone is who they say they are online	Managing feelings The environment
Year 5	Diverse communities Respectful relationships	Illness Nutrition and healthy eating	Puberty- bodies and reproduction Puberty- changes	Online content Online contact	Mental health and keeping well	Managing challenge and change Exploring risk in everyday situations
Year 6	Different types of families Healthy and harmful relationships	Keeping you body safe Consent	Spending decisions Exploring risk in relation to gambling	Online friendships and keeping safe Skills for using the internet safely	Social media Feelings and common anxieties when changing schools	Changes from primary to secondary school

Gulval School

thrive

Thrive School of Excellence 2021



