Gulval School

thrive
Thrive School of Excellence 2021

RHSE Curriculum Scope EYFS & KS1

Nursery	Caring Friendships		Being Kind		Families	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Caring friendships		Being kind	Medicines	Different Families	My Body My choices
Year 1	Different friends Staying Healthy		Growing and changing Body Safety		Families and care Medicines and who gives it?	
Year 2	Gender stereotypes Hazardous Substances		Male and Female animals Safety Rules		Naming body parts My body belongs to me	

RHSE Curriculum Scope KS2

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Body differences	Why People Smoke	Personal space and consent	Physical effects of smoking	Family and People Who Help Us	Staying Safe and Getting Help Online No Smoking
Year 4	Healthy Friendships	Effects of Alcohol	Changes	Alcohol and Risk	What is Puberty?	Valuing Difference Limits to drinking alcohol
Year 5	Respecting boundaries and being an upstander	Legal and Illegal Drugs	Talking about puberty	Attitudes to Drugs	Puberty help and support	The Reproductive system Peer Pressure
Year 6	Communication and consent in relationships	Cannabis	Communication and respect in relationships and online	VSA and Getting Help	Puberty and reproduction	Families, conception and pregnancy Help, Advice and Support

Relationships and Sex Education

Drug & Alcohol Education Overview